

COVID-19 Exclusion Policy

Our first and most important strategy to keep us safe and healthy is to **NOT** enter our program if we are unhealthy. Each of us bears responsibility for maintaining a safe and healthy environment for our children, families and staff members.

Families must complete the home health-screener prior to bringing their child to school to ensure their child is symptom free.

Self-check your child's health before you leave home.

- Is your child's temperature 100.4 degrees or above?
- Does your child have a cough, shortness of breath, or difficulty breathing?
- Does your child have a new loss of taste or smell?

If your child has any one (or more) of these symptoms, contact your child's teacher and

STAY HOME.

In addition to the short list above, self-check the list below for any ONE or more symptoms.

- Chills or shaking
- Muscle aches
- Sore throat
- Headache
- Nausea or vomiting
- Diarrhea
- Fatigue
- Congestion or runny nose

If your child has any one (or more) of these symptoms, contact your teacher and

STAY HOME.

Mealtime:

- Seating will be staggered where possible to allow room in between children, both at circle areas and tables.
- Staff and children will be eating meals in the classroom (unless otherwise identified)
 - We will use staggered seating and use of available tables to provide distance; teaching staff will monitor and sit close to but not at the table with children when possible.
- No family-style dining- staff will plate meals for children and/or districts will provide individually bagged meals.

Steps for COVID-19 Exposure

In the event you suspect that you may have been exposed to the virus, please follow these steps:

1. Identify the level of risk. Ask yourself, were you in close contact for 15 minutes or more (no mask or social distancing) with someone infected with the virus within two days of the person experiencing symptoms? (If so, you will likely be contacted by a PA Department of Health Contact Tracer or designee).
 - **If YES: (if you are NOT fully vaccinated):** You should self-quarantine for 14 days, following the directions of the Contact Tracer, even if you are not experiencing symptoms.
 - **If YES (if you ARE fully vaccinated):** If you are experiencing symptoms, you will also need to self-quarantine.
 - ii. If you are NOT experiencing symptoms, you do not need to quarantine, but continue wearing a mask and get tested 2-5 days after exposure.
- Contact your child's teacher immediately by phone

If you are experiencing symptoms:

- **Contact your health care provider.** It can take up to 14 days after exposure to the virus for a person to develop COVID-19 symptoms. A negative result before the end of the 14-day quarantine period does not rule out possible infections. By self-quarantining for 14 days, you lower the chance of possibly exposing others to COVID-19.