

A close-up photograph of a child's leg. The child is wearing a blue t-shirt with a graphic, dark shorts, and black sneakers with red laces. A hand is applying a white adhesive bandage to a small injury on the child's knee. The background is a wooden fence and grass.

Capital BLUE 

Questions about your health
can come up at any time.
The Capital BlueCross
Nurse Line is here to help.

Nurse Line

800
452.2583

24 HOURS a day
7 DAYS a week

Experienced registered nurses are available day or night, seven days a week, at no charge to offer confidential support and information for any health concern including:

Minor illnesses and injuries
Chronic health conditions
Immunizations and screenings
Weight loss and nutrition

Aging well and staying fit
Taking medication safely
Pregnancy and childbirth
And more!

Prefer to chat online? Log on to [myBlueCross.com](#) to start a chat session with a registered nurse anytime.

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